

Should'a . . . Could'a . . . Would'a

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As he lay in bed waiting for Death to arrive,
I could tell he was anxious by the look in his eyes.
*It is not Death, he said, that causes me to fret,
rather it's the sadness surrounding the things I regret.*

*I should'a been this, and I could'a done that,
and I would'a been happier had I chosen to act.
But, procrastination and fear made decisions for me,
and I listened to others . . . instead of listening to ME!*

*So take my advice lest this happen to you,
Take control of your life in all that you do.
Find the courage to pursue the goals that you set,
to avoid a "should'a . . . could'a . . . would'a" — life of regrets.*

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As we walk our path in life, obstacles and opportunities present themselves on a daily basis. Laziness, fear, procrastination, and a lack of confidence can discourage us from moving forward in accomplishing goals we set for ourselves. Consequently, our goals become "pipe dreams" that fade away because we rationalize why we *can't* do something instead of how we *can!*

○ Use to motivate clients, employees, or help students to stay motivated in the pursuit of their dreams.

* Use in combination with "Should'a . . . Could'a . . . Would'a" pocket cards.

